

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MOVIE & DONUT SOCIAL 10:00 SIT & BE FIT CHAIR EXERCISE 11:00 ART & CRAFTS & GAMES 2:00 MOVIE & DONUT SOCIAL (AR) 4:00 RESIDENT'S CHOICE OF GAMES 7:00 60 MINUTES 1	SUNDAE MONDAYS 9:00 MORNING NEWS 10:00 PRAISE GYMNASTICS 11:00 REFLECTIONS BIBLE STUDY 2:00 SUNDAE MONDAYS (LB) 3:00 BINGO 4:00 YOUTUBE HOUR 6:00 EVENING NEWS 2	TAI CHI DAYS 9:00 MORNING NEWS 10:00 TAI CHI WITH MASTER FUNG 11:00 MUSIC & ART HOUR 2:00 YOUTUBE VIDEO HOUR 3:00 BINGO 4:00 NEW IDEAS WITH TED TALKS 5:00 EVENING NEWS 3	FIELD TRIP DAYS 9:00 MORNING NEWS 10:00 CHAIR EXERCISE 10:00 DEPART FOR MOVIES 11:00 GAMES OF CHOICE 2:00 YOUTUBE MUSIC HOUR 3:00 BINGO 4:00 NEW IDEAS WITH TED TALKS 5:00 EVENING NEWS 4	THIRSTY THURSDAYS 9:00 MORNING NEWS 11:00 TAI CHI WITH MASTER FUNG 11:00 SING-A-LONG- WITH TZU CHI VOLUNTEERS 2:00 CHINESE CALLIGRAPHY 4:00 THIRSTY THURSDAYS WITH RICHARD DORFFI 5	SHOPPING DAYS ACTIVITY ROOM CLOSED FOR NURSE TRAINING CLASS 10:30 DEPART FOR FREMONT HUB 2:00 BINGO 3:00 FLOWER ARRANGING 4:00 YOUTUBE VIDEO 5:30 MUSIC SOCIAL W/ WARREN (FS) 6	MOVIE DAYS 9:00 CURRENT EVENTS 10:00 FULLY BODY CHAIR YOGA 11:00 KINDNESS CLUB 2:00 BINGO 3:00 BOARD GAMES 4:00 YOUTUBE VIDEOS 6:00 RESIDENT'S CHOICE MOVIE (AR) 7
MOVIE & DONUT SOCIAL 10:00 SIT & BE FIT CHAIR EXERCISE 11:00 ART & CRAFTS & GAMES 2:00 KIDS TALENT SHOW (P) 4:00 RESIDENT'S CHOICE OF GAMES 7:00 60 MINUTES 8	SUNDAE MONDAYS 9:00 MORNING NEWS 10:00 PRAISE GYMNASTICS 11:00 REFLECTIONS BIBLE STUDY 2:00 SUNDAE MONDAYS (LB) 3:00 BINGO 4:00 YOUTUBE HOUR 6:00 EVENING NEWS 9	TAI CHI DAYS 9:00 MORNING NEWS 10:00 TAI CHI WITH MASTER FUNG 11:00 RESIDENT COUNCIL 2:00 NURSE CHAT-PAIN MANAGEMENT 3:00 BINGO 4:00 NEW IDEAS WITH TED TALKS 5:00 EVENING NEWS 10	FIELD TRIP DAYS 9:00 MORNING NEWS 10:00 CHAIR EXERCISE 10:00 DEPART FOR ALAMEDA BEACH 11:00 GAMES OF CHOICE 2:00 YOUTUBE MUSIC HOUR 3:00 BINGO 4:00 NEW IDEAS WITH TED TALKS 5:00 EVENING NEWS 11	THIRSTY THURSDAYS 9:00 MORNING NEWS 11:00 TAI CHI WITH MASTER FUNG 11:00 SING-A-LONG- WITH TZU CHI VOLUNTEERS 2:00 CHINESE CALLIGRAPHY 4:00 THIRSTY THURSDAYS WITH PRECY 12	SHOPPING DAYS 9:00 MORNING NEWS 10:00 CHAIR EXERCISE 10:30 DEPART FOR GROCERY OUTLET 2:00 BINGO 3:00 FLOWER ARRANGING 4:00 YOUTUBE VIDEO 6:00 EVENING NEWS 13	MOVIE DAYS 9:00 CURRENT EVENTS 10:00 FULLY BODY CHAIR YOGA 11:00 KINDNESS CLUB 2:00 BINGO 3:00 BOARD GAMES 4:00 YOUTUBE VIDEOS 6:00 RESIDENT'S CHOICE MOVIE (AR) 14
MOVIE & DONUT SOCIAL 10:00 SIT & BE FIT CHAIR EXERCISE 11:00 ART & CRAFTS & GAMES 2:00 MOVIE & DONUT SOCIAL (AR) 4:00 RESIDENT'S CHOICE OF GAMES 7:00 60 MINUTES 15	SUNDAE MONDAYS 9:00 MORNING NEWS 10:00 PRAISE GYMNASTICS 11:00 REFLECTIONS BIBLE STUDY 2:00 SUNDAE MONDAYS (LB) 3:00 BINGO 4:00 YOUTUBE HOUR 6:00 EVENING NEWS 16	TAI CHI DAYS BOOKMOBILE DAY! 9:00 MORNING NEWS 10:00 TAI CHI WITH MASTER FUNG 11:00 MUSIC & ART HOUR 2:00 TASTEFUL THOUGHTS W/DAN 3:00 BINGO 4:00 NEW IDEAS WITH TED TALKS 5:00 EVENING NEWS 17	FIELD TRIP DAYS 9:00 MORNING NEWS 10:00 CHAIR EXERCISE 10:00 DEPART FOR THAI FOOD 11:00 GAMES OF CHOICE 2:00 YOUTUBE MUSIC HOUR 3:00 BINGO 4:00 NEW IDEAS WITH TED TALKS 5:00 EVENING NEWS 18	THIRSTY THURSDAYS 9:00 MORNING NEWS 11:00 TAI CHI WITH MASTER FUNG 11:00 SING-A-LONG- WITH TZU CHI VOLUNTEERS 2:00 CHINESE CALLIGRAPHY 4:00 THIRSTY THURSDAYS WITH YOLANDA 19	SHOPPING DAYS 9:00 MORNING NEWS 10:00 CHAIR EXERCISE 10:30 DEPART FOR CVS 2:00 BINGO 3:00 FLOWER ARRANGING 4:00 YOUTUBE VIDEO 5:30 MUSIC SOCIAL W/ WARREN (FS) 20	MOVIE DAYS 9:00 CURRENT EVENTS 10:00 FULLY BODY CHAIR YOGA 11:00 KINDNESS CLUB 2:00 BINGO 3:00 BOARD GAMES 4:00 YOUTUBE VIDEOS 6:00 RESIDENT'S CHOICE MOVIE (AR) 21
MOVIE & DONUT SOCIAL 10:00 SIT & BE FIT CHAIR EXERCISE 11:00 ART & CRAFTS & GAMES 2:00 MOVIE & DONUT SOCIAL (AR) 4:00 RESIDENT'S CHOICE OF GAMES 7:00 60 MINUTES 22	SUNDAE MONDAYS 9:00 MORNING NEWS 10:00 PRAISE GYMNASTICS 11:00 REFLECTIONS BIBLE STUDY 2:00 SUNDAE MONDAYS (LB) 3:00 BINGO 4:00 YOUTUBE HOUR 6:00 EVENING NEWS 23	TAI CHI DAYS 9:00 MORNING NEWS 10:00 TAI CHI WITH MASTER FUNG 11:00 MUSIC & ART HOUR 2:00 NURSE CHAT WITH HITEXA 3:00 BINGO 4:00 NEW IDEAS WITH TED TALKS 5:00 EVENING NEWS 24	FIELD TRIP DAYS 9:00 MORNING NEWS 10:00 CHAIR EXERCISE 10:00 DEPART FOR MANI-PEDI 11:00 GAMES OF CHOICE 2:00 YOUTUBE MUSIC HOUR 3:00 BINGO 4:00 NEW IDEAS WITH TED TALKS 5:00 EVENING NEWS 25	THIRSTY THURSDAYS 9:00 MORNING NEWS 11:00 TAI CHI WITH MASTER FUNG 11:00 SING-A-LONG- WITH TZU CHI VOLUNTEERS 2:00 CHINESE CALLIGRAPHY 4:00 THIRSTY THURSDAYS WITH YAKOV 26	SHOPPING DAYS 9:00 MORNING NEWS 10:00 CHAIR EXERCISE 10:30 DEPART FOR SPROUTS 2:00 BINGO 3:00 FLOWER ARRANGING 4:00 YOUTUBE VIDEO 6:00 EVENING NEWS 27	MOVIE DAYS 9:00 CURRENT EVENTS 10:00 FULLY BODY CHAIR YOGA 11:00 KINDNESS CLUB 2:00 BINGO 3:00 BOARD GAMES 4:00 YOUTUBE VIDEOS 6:00 RESIDENT'S CHOICE MOVIE (AR) 28
MOVIE & DONUT SOCIAL 10:00 SIT & BE FIT CHAIR EXERCISE 11:00 ART & CRAFTS & GAMES 2:00 STUDENT PIANO PERFORMANCE (AR) 4:00 RESIDENT'S CHOICE OF GAMES 7:00 60 MINUTES 29	SUNDAE MONDAYS 9:00 MORNING NEWS 10:00 PRAISE GYMNASTICS 11:00 REFLECTIONS BIBLE STUDY 2:00 SUNDAE MONDAYS (LB) 3:00 BINGO 4:00 YOUTUBE HOUR 6:00 EVENING NEWS 30	September Birth Flower The Aster is the birth flower for the month of September. This herb blooms during the fall and has flowers that look like daisies. It is said that the Aster represents faith, love, and wisdom. The flowers come in red, lilac, white, pink, and mauve. Each of the flowers has a center that is yellow and even though it looks like a daisy it is actually a part of the sunflower family. Some of the other names for the Aster include frost flowers, starwort, and Michaelmas Daisy. At one point in time it was thought to be a love charm.	SEPTEMBER BIRTHDAY BABIES! HAPPY BIRTHDAY! Beryl H. 3rd Geraldine A. 7th Wei Su T. 11th Susanna W. 23rd	SEPTEMBER BIRTHSTONE September's birthstone, the sapphire, has been popular since the Middle Ages. The celestial blue color of this gemstone symbolized heaven and attracted divine favor and wise judgment. Greeks wore sapphire for guidance when seeking answers from the oracle. Buddhists believed it brought spiritual enlightenment, and Hindus used it during worship.	SEPTEMBER POEM Earth has not anything to show more fair: Dull would he be of soul who could pass by A sight so touching in its majesty: This City now doth, like a garment, wear The beauty of the morning; silent, bare, Ships, towers, domes, theatres, and temples lie Open unto the fields, and to the sky; All bright and glittering in the smokeless air. Never did sun more beautifully steep In his first splendour, valley, rock, or hill; Ne'er saw I, never felt, a calm so deep! The river glideth at his own sweet will: Dear God! the very houses seem asleep; And all that mighty heart is lying still!	What Holiday is September 9th? September 9 is the National Wiener Schnitzel Day . This food-related holiday is dedicated to a traditional Austrian dish which belongs to the best known specialties of Viennese cuisine. Other Observances → Costa Rica. Costa Rica celebrates Children's Day (Día del Niño) on September 9.
<h1>SEPTEMBER 2019</h1> <p>Neighborhood</p>				ACTIVITY LOCATOR KEY AR - ACTIVITY ROOM LB - LOBBY BISTRO FS - FIRESIDE PL - PIANO LOUNGE PD - PRIVATE DINING ROOM		