

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SPA DAY 10:00am Music & Singing Exercise 11:00am Parachute Ball Toss 1:00pm Nail & Hand Spa 2:00pm Board/Card Games 3:00pm Color Pages w/Snacks 4:00pm Music & Singing 6:00pm Sports/News Channel 1	LABOR DAY 10:00am Ball Toss Exercise 11:00am Open Activity 1:00pm Color Pages/Puzzles 2:00pm Board/Card Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Evening Social 2	TAI CHI 10:00am Stretch & Tone Exercise 11:00am Tai Chi w/John 1:00pm Color Pages 2:00pm Puzzles/Board Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Favorite TV Show 3	MOVIE NIGHT 10:00am Music & Singing Exercise 11:00am Music & Singing 1:00pm Nail & Hand Spa 2:00pm Social Mixer 3:00pm Open Activity w/Snacks 4:00pm Stretch & Tone 6:00pm Evening Movie 4	FIELD TRIP DAYS 10:00am Stretch & Tone Exercise 11:00am Field Trip to Black Bear Diner 1:00pm Card/Board Games 2:00pm Open Activity 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Evening Social 5	BINGO 10:00am Ball Toss Exercise 11:00am Social Mixer 1:00pm Bingo w/Jessica 2:00pm Color Pages 3:00pm Music & Singing w/Snacks 4:00pm Ball Toss 6:00pm Sports/News Channel 6	HAPPY HOUR 10:00am Ball Toss Exercise 11:00am Stretch & Tone 1:00pm Arts & Crafts w/Jessica 2:00pm HAPPY HOUR w/ELVIS 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Movie Night 7
SPA DAY 10:00am Music & Singing Exercise 11:00am Parachute Ball Toss 1:00pm Nail & Hand Spa 2:00pm Board/Card Games 3:00pm Color Pages w/Snacks 4:00pm Music & Singing 6:00pm Sports/News Channel 8	EVENING SOCIAL 10:00am Ball Toss Exercise 11:00am Open Activity 1:00pm Color Pages/Puzzles 2:00pm Board/Card Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Evening Social 9	TAI CHI 10:00am Stretch & Tone Exercise 11:00am Tai Chi w/John 1:00pm Color Pages 2:00pm Puzzles/Board Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Favorite TV Show 10	MOVIE NIGHT 10:00am Music & Singing Exercise 11:00am Music & Singing 1:00pm Nail & Hand Spa 2:00pm Social Mixer 3:00pm Open Activity w/Snacks 4:00pm Stretch & Tone 6:00pm Evening Movie 11	FIELD TRIP DAYS 10:00am Stretch & Tone Exercise 11:00am Field Trip To Movies 1:00pm Card/Board Games 2:00pm Open Activity 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Evening Social 12	BINGO 10:00am Ball Toss Exercise 11:00am Social Mixer 1:00pm Bingo w/Jessica 2:00pm Color Pages 3:00pm Music & Singing w/Snacks 4:00pm Ball Toss 6:00pm Sports/News Channel 13	ARTS & CRAFTS 10:00am Ball Toss Exercise 11:00am Stretch & Tone 1:00pm Arts & Crafts w/Jessica 2:00pm Board/Card Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Movie Night 14
SPA DAY 10:00am Music & Singing Exercise 11:00am Parachute Ball Toss 1:00pm Nail & Hand Spa 2:00pm Board/Card Games 3:00pm Color Pages w/Snacks 4:00pm Music & Singing 6:00pm Sports/News Channel 15	EVENING SOCIAL 10:00am Ball Toss Exercise 11:00am Open Activity 1:00pm Color Pages/Puzzles 2:00pm Board/Card Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Evening Social 16	TAI CHI 10:00am Stretch & Tone Exercise 11:00am Tai Chi w/John 1:00pm Color Pages 2:00pm Puzzles/Board Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Favorite TV Show 17	MOVIE NIGHT 10:00am Music & Singing Exercise 11:00am Music & Singing 1:00pm Nail & Hand Spa 2:00pm Social Mixer 3:00pm Open Activity w/Snacks 4:00pm Stretch & Tone 6:00pm Evening Movie 18	FIELD TRIP DAYS 10:00am Stretch & Tone Exercise 11:00am Field Trip to Frodo Joe's 1:00pm Card/Board Games 2:00pm Open Activity 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Evening Social 19	BINGO 10:00am Ball Toss Exercise 11:00am Social Mixer 1:00pm Bingo w/Jessica 2:00pm Color Pages 3:00pm Music & Singing w/Snacks 4:00pm Ball Toss 6:00pm Sports/News Channel 20	ARTS & CRAFTS 10:00am Ball Toss Exercise 11:00am Stretch & Tone 1:00pm Arts & Crafts w/Jessica 2:00pm Board/Card Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Movie Night 21
SPA DAY 10:00am Music & Singing Exercise 11:00am Parachute Ball Toss 1:00pm Nail & Hand Spa 2:00pm Board/Card Games 3:00pm Color Pages w/Snacks 4:00pm Music & Singing 6:00pm Sports/News Channel 22	AUTUMN BEGINS 10:00am Ball Toss Exercise 11:00am Open Activity 1:00pm Color Pages/Puzzles 2:00pm Board/Card Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Evening Social 23	TAI CHI 10:00am Stretch & Tone Exercise 11:00am Tai Chi w/John 1:00pm Color Pages 2:00pm Puzzles/Board Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Favorite TV Show 24	MOVIE NIGHT 10:00am Music & Singing Exercise 11:00am Music & Singing 1:00pm Nail & Hand Spa 2:00pm Social Mixer 3:00pm Open Activity w/Snacks 4:00pm Stretch & Tone 6:00pm Evening Movie 25	FIELD TRIP DAYS 10:00am Stretch & Tone Exercise 11:00am Field Trip to Knudsen Creamery 1:00pm Card/Board Games 2:00pm Open Activity 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Evening Social 26	BINGO 10:00am Ball Toss Exercise 11:00am Social Mixer 1:00pm Bingo w/Jessica 2:00pm Color Pages 3:00pm Music & Singing w/Snacks 4:00pm Ball Toss 6:00pm Sports/News Channel 27	ARTS & CRAFTS 10:00am Ball Toss Exercise 11:00am Stretch & Tone 1:00pm Arts & Crafts w/Jessica 2:00pm Board/Card Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Movie Night 28
SPA DAY 10:00am Music & Singing Exercise 11:00am Parachute Ball Toss 1:00pm Nail & Hand Spa 2:00pm Board/Card Games 3:00pm Color Pages w/Snacks 4:00pm Music & Singing 6:00pm Sports/News Channel 29	EVENING SOCIAL 10:00am Ball Toss Exercise 11:00am Open Activity 1:00pm Color Pages/Puzzles 2:00pm Board/Card Games 3:00pm Social Mixer w/Snacks 4:00pm Music & Singing 6:00pm Evening Social 30	Labor Day September 2nd	SEPTEMBER BIRTHDAYS MABEL "CLEO" BEST 19th	CALIFORNIA ADMISSIONS DAY September 9th	SEPTEMBER FLOWER ASTER	SEPTEMBER QUOTE BY ALL THESE LOVELY TOKENS, SEPTEMBER DAYS ARE HERE, WITH SUMMER'S BEST OF WEATHER AND AUTUM'S BEST OF CHEER! AUTHOR: JESS H. JACKSON
				ACTIVITY LOCATOR KEY LS - LIFESKILL DR- DINING ROOM LR- LIBRARY ROOM AR- ACTIVITY ROOM CY- COURTYARD		
<h1>SEPTEMBER 2019</h1> <p><i>THE GARDENS</i></p>						